

CHILDREN'S MENU

NACHOS w/cheese and mince Kr. 85

Allergens: milk - Gluten free!

NACHOS w/ cheese, mince and salad
Kr. 95

Allergens: milk - Gluten free!

CHILDREN'S OMELET Kr. 95

choose between ham, chorizo, shrimps
or vegetarian. Served with bread,
butter, dressing and salad.

Allergens: wheat flour, egg, milk, oats, rye

1/2 PJALT & Litago Kr. 45,-

Allergens: milk, wheat flour, rye flour

PIZZAROLL Kr. 17

with ham and cheese

Allergens: milk, egg, wheat flour

SLICED BREAD Kr. 25

choose between white cheese, brown
cheese, egg, salami or ham.

Allergens: wheat flour, rye, oats, milk, egg

CHILDREN'S PIZZA Kr. 119

Italian pizza w/cheese and ham.

Allergens: wheat flour and milk

ICE CREAM:

1 scoop, 2 scoops, 3 scoops

28,- 36,- 43,-

strawberry, chocolate, vanilla

Opening hours

Day	Opening hours
Monday	closed
Tuesday	11.00-17.00
Wednesday	11.00-17.00
Thursday	11.00-17.00
Friday	11.00-17.00
Saturday	11.00 -17.00
Sunday	closed



Any allergies?
Please let us know!

www.trygstadbakeri.no

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for updates
of opening hours and

MENU

Trygstads Kaffehus
Henrik Grønnevei 10 7374 Rosas

ITALIAN PIZZA

SOUVAS Smoked reindeer meat, red onion, champignon, rucola	Kr 168
VEGETARIAN Cheese, olive, onion, champignon, rucola	Kr 142
BACON/MINCE Bacon, mince, red onion	Kr 142
MARGHERITA Cheese, fresh mozzarella, basil	Kr 142
PEPPERONI Cheese, pepperoni, pineapple	Kr 142
SERRANO Serrano ham, olive, red onion, rucola, parmesan	Kr 158
CHORIZO Chorizo, capers, pineapple, red onion	Kr 142
TACO PIZZA Taco mince, red pepper, corn, salsa, red onion, tortilla chips	Kr 158
CHICKEN Chicken, pineapple, onion, rucola, pesto (Allergens, cashew nuts)	Kr 142
CHILDREN'S PIZZA Cheese, ham	Kr 119
MIX YOUR OWN PIZZA Choose among our ingredients	Kr 168
Allergens in all our pizzas: Wheat flour and milk	

FROM OUR KITCHEN

SHRIMP SANDWICH AND CAPPUCCINO Allergens: wheat flour, egg, milk	Kr 120
TAPAS PLATE Serrano ham, chorizo, focaccia, aioli, olive, pesto, stuffed peppers Allergens: wheat flour, egg, milk, cashew nuts	Kr 160
OMELET W/ SOUVAS incl. coffee Allergens: egg, wheat flour, oats, rye	Kr 176
TUNA PLATE w/aioli Tuna, tomato, red onion, bread, aioli Allergens: wheat flour, rye, oats, egg, milk, mustard	Kr 110
NACHOS w/cheese and mince Allergens: milk - gluten free!	Kr 138
NACHOS w/ cheese, mince and salad Allergens: milk - gluten free!	Kr 165
NACHOS w/chicken, jalapeño and red onion Allergens: milk - gluten free!	Kr 160
Small Nachos w/ cheese and mince with or without salad Allergens: milk - gluten free!	Kr 125
OMELET Choose between: ham, shrimps, chorizo or vegetarian. Allergens: wheat flour, egg, milk, oats, rye	Kr 127

TRYGSTAD OFFERS

TOAST & FRESH JUICE w/cheese, ham, veggies Allergens: wheat flour, milk, egg	Kr. 85
TOAST & FRESH JUICE w/mozarella, pesto, tomato, veggies Allergens: milk, egg, cashew nuts.	Kr 110
TOAST & FRESH JUICE w/serrano ham, grated cheese, onion and pesto Allergens: wheat flour, milk, egg and cashew nuts.	Kr 110
FOCACCIA w/ chicken fillet and bacon, incl. drink of your choice (alcohol free) Allergens: wheat flour, mustard, egg, milk	Kr 184
Big SALAD w/ TACO Allergens: milk - gluten free!	Kr 159
SHRIMP SALAD w/ hand peeled shrimps and egg Allergens: egg, milk, wheat flour, oats, rye, shrimps	Kr 110
PJALT & Coffee w/ white or brown cheese Allergens: wheat flour, milk	Kr 65
Also check out our selection of salads, horns and baguettes in our counter.	

*Please inform us about
special requests and wishes.
We are here for you!*

*Allergies? We make rolls and
sandwiches to your wishes.*